

In addition to our comprehensive residential services, Pasadena Villa Orlando provides a full continuum of outpatient treatment options for adults, struggling with complex mental health disorders. Clients may admit directly to our outpatient programs or utilize this as a step down from higher levels of care.

#### WHAT WE TREAT

- Anxiety Disorders
- Depression and other Mood Disorders
- Post Traumatic Stress Disorder (PTSD) and Trauma
- Bipolar Disorder
- Personality Disorders
- Schizophrenia and other Psychotic Disorders
- Obsessive-Compulsive Disorder (OCD)
- Autism Spectrum Disorder (ASD)

#### LEVELS OF CARE

- Partial Hospitalization Program (PHP)
- Intensive Outpatient Program (IOP)
- Case Management
- Housing Available for PHP and IOP

#### CLINICAL APPROACH

Our primary mental health outpatient program is firmly rooted in evidence-based treatment methods with individualized treatment plans tailored to each client's specific needs. In tandem with these therapeutic treatment modalities, Pasadena Villa Orlando utilizes our Social Integration Model™, which enables clients to receive real-time therapeutic interventions while experiencing real-life situations. Social integration is used to ensure social and life skills treatment concepts are not only learned but become accessible tools for clients transitioning back to independent living. Other therapeutic modalities include, but are not limited to:

- Art Therapy
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Eye Movement Desensitization and Reprocessing (EMDR)
- Family Therapy
- Individual Therapy
- Psychiatric Medication Evaluation and Management

In addition, clients participate in life skills groups designed to help facilitate a seamless shift towards independent living, encompassing activities such as resume building, interviewing, cooking, menu planning, budgeting, and more.

#### PHP HOURS

- PHP with Housing meets 7 days a week
- PHP without Housing meets 5 days a week
- IOP meets 3 days a week

#### PAYMENT OPTIONS

Pasadena Villa Orlando offers a variety of payment options including in-network, out-of-network, and private-pay rates.

If you're interested in learning more about  
Pasadena Villa's outpatient treatment,  
give us a call at 407.863.7381 to speak with  
a compassionate admissions team member.

*Pasadena Villa*®

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*Villa Orlando*

**Pasadena Villa Orlando**  
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[pasadenavilla.com/thevilla](https://pasadenavilla.com/thevilla)



Pasadena Villa is a proud part of  
Odyssey Behavioral Healthcare.